

**WARNING:** Use the Wadeboard only as designed. It should only be used on a flat surface, with no gap between the transferring surfaces. It should not be used in a sharp incline to avoid loss of control during transfer.

## FAQs

Can I use the WadeBoard to transfer to/from the bed?

Yes.

Can I use the WadeBoard to transfer to/from a sofa or recliner?

Yes. The WadeBoard is designed to transfer between any flat surfaces.

Can you use the WadeBoard to transfer to a car?

No, it is not recommended. The WadeBoard is not designed to transfer at a steep angle as the patient may slide too fast to control.

How do I make the WadeBoard more slick?

You can use mineral oil, paste wax or other light lubricants.

How does the WadeBoard save me money?

It will allow you to avoid costs like a Hoyer Lift; extra home health care visits; time off work to assist; and nursing home costs.

How should I clean the WadeBoard?

Periodically remove the dirt and oils from your board with a warm damp cloth and soap. Clean and disinfect to promote proper hygiene.



## INSTRUCTION AND CARE MANUAL

The WadeBoard (patent pending) was designed for easy transfer from the bed to a wheelchair or from the wheelchair to another chair like a recliner or couch. The board should not be used on sharp inclines to avoid losing control while transferring. Use the following steps to successfully transfer:

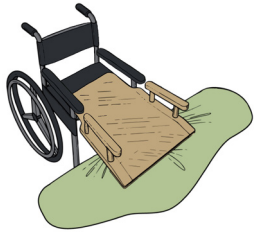


figure 1.1



figure 1.2



figure 1.3

### Transferring from the bed to a wheelchair:

Have the individual sit up in bed with a Gait Belt. Place the wheelchair next to the bed with the front of the wheelchair flat against the side of the bed with as little gap as possible. The individual should be approximately 20 inches from the wheelchair. Lock the wheels on the wheelchair.

Place the narrow end of the WadeBoard on the seat of the wheelchair approximately covering 75% of the seat (figure 1.1). The end of the WadeBoard with the handles should be on the bed next to the individual. Slide the end of the WadeBoard with the handles under the individual slightly and then ensure the board is flat on both surfaces.

With the individual facing the wheelchair, have them hold both handles and gently slide forward across the WadeBoard onto the wheelchair (figure 1.2). Use the wheelchair handles as appropriate and then turn around on the wheelchair (figure 1.3).

Gently slide the board out from under the individual.

### Maintaining your WadeBoard

Your WadeBoard can be cleaned by periodically removing any dirt and/or oils from your board with a warm damp cloth and soap. Clean and disinfect to promote proper hygiene.

Your WadeBoard can be made more slick by applying a light coating of mineral oil, paste wax or other light lubricants with a dry cloth.

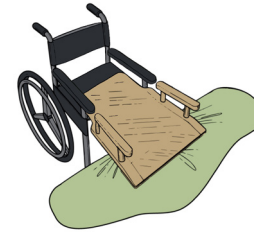


figure 2.1



figure 2.2

### Transferring a Single Amputee or Lame Individual from the bed to a wheelchair:

Have the individual sit up in bed with a Gait Belt. Place the wheelchair next to the bed with the front of the wheelchair flat against the side of the bed with as little gap as possible. The individual should be approximately 20 inches from the wheelchair facing away from the wheelchair. Lock the wheels on the wheelchair.

Place the narrow end of the WadeBoard on the seat of the wheelchair approximately covering 75% of the seat (figure 2.1). The end of the WadeBoard with the handles should be on the bed next to the individual. Slide the end of the WadeBoard with the handles under the individual slightly and then ensure the board is flat on both surfaces.

With the individual facing away from the wheelchair, have them hold both handles and gently slide backwards across the WadeBoard onto the wheelchair (figure 2.2). Use the wheelchair handles as appropriate.

Gently slide the board out from under the individual.